



## 2020-2021 Outreach Services Resource Index

### **New Resources:**

[Best Starts for Kids](#): a voter-approved initiative led by Executive Constantine, helps put every baby born and every child raised in King County on the path toward lifelong success. The program invests in early intervention & prevention strategies, promoting healthier, more resilient children, youth, families.

[Safe Place](#) is an outreach program designed to provide a safety net, and access to immediate help for youth ages 11-17 in crisis. TXT 4 HELP: Text "SAFE" and your current location to 44357 for the nearest Safe Place site. Call: 1-800-422-TEEN (8336)

### **Emergency Services:**

Fire, Police, Ambulance: Dial 911

[Ambulance Services-Issaquah Listing](#): Dial 911

[Eastside Fire and Rescue](#): Dial 911 or 425-313-3200

[Issaquah Police Department](#): Dial 911 or 425-837-3200

[King County Crisis Connections 24-hour Help Line](#): 866-427-4747

[Safe Place](#): 1-800-422-TEEN (8336)

### **Abuse/Assault:**

[Child Abuse and Neglected Protective Services](#): 800-962-0073

[Domestic Abuse Women's Network](#): 425-656-7867

[Harborview Abuse and Trauma Center](#): 206-744-1600

[Life Wire Domestic Assault Center](#): 800-827-8840

[New Beginnings Ending Domestic Violence](#): Office 206-783-5220 /24-hour Helpline 206-522-9472

[Safe Place](#): 1-800-422-TEEN (8336)

[WA State Adult Protective Services](#): 866-363-4276

[WA Coalition of Sexual Assault Programs](#): 360-754-7583

[YWCA Domestic Violence Shelter for Mothers and Kids](#): 206-461-4882

### **Addictions:**

[AA \(Alcoholics Anonymous\) Greater Seattle](#): 206-587-2838

[Celebrate Recovery Center](#): 425-441-8364

[Friends of Youth Substance Abuse Services](#): 425-392-6367

[Kinderling Child Services](#): 425.747.4004

[King County Mental Health Resources](#): 206-963-9000

[WA State Gambling Help Line](#): 800-547-6133

[Youth Eastside Services \(YES\)](#): 425-747-4937

### **Counseling/Mental Health:**

[African American Conseling and Mental Health Resources](#)

[Asian Counseling and Referral Service](#): 206-695-7600

[Best Starts for Kids](#): 206-263-9105

[Cancer Lifeline](#): 800-255-5505

[Counseling for Corona Virus and Anxiety Services](#)

[EADS Caregiver Support Information](#): 425-867-1799

[Friends of Youth Mental Services](#): 425-392-6367

[Hero House Mental Health Services](#): 425.614.1282

[King County Crisis 24-hour Help Line](#): 866-427-4747

[King County Mental Health Support](#): 206-263-9000

**Counseling/Mental Health:**

[NAMI Counseling Services for All Ages](#)

[Safe Place](#): 1-800-422-TEEN (8336)

[Sea-Mar Bellevue Behavioral Health Services](#): 425.460.7114

[Suicide 24-hour Help Line](#): 800-273-8255

[WA Alliance for Mental Health](#): 206-783-4288

[WA Children and Teens Mental Health Referral Services](#): 833-303-5437

[Washington Recovery Help Line](#): 866-789-1511

[WA State American Indian Health Initiative](#): 360-797-5246

[WA State At-risk Youth](#): 800-609-8764

[Youth Suicide Prevention](#): 866-363-4276

**Dental:**

[Bellevue Rotacare Free Dental Clinic](#): 425-828-4304 (Voicemail only)

[Health Point Redmond](#): 425-883-8000

[IHS Bellevue Dental Clinic](#): 425-373-3000

[Lake Washington Dental College and Clinic](#): 425-739-8130

[King County Dental Care Centers](#): 206-284-0331

[Sea-Mar Bellevue Dental Center](#): 425.998.5980

[Seattle-King County Dental Society Services](#): 800-756-5437

[UW Dental Care for Persons Disabilities](#): 206-543-4619

[UW Pediatric Emergency Dentistry](#): 206-543-5800

**Disabilities:**

[Alliance of People w/Disabilities](#): 425-558-0993

[Easter Seals Disability Services](#): 206-281-5700

[Eastside Adult Day Services](#): 425-867-1799

[Kinship for Seniors with Disabilities](#): 206-328-6858

[Sound Generations Senior Home Repairs](#): 206-448-5751

[UW Dental Care for Persons Disabilities](#): 206.543.4619

[WA State Workforce](#): Email [Info@WashingtonWorkforce.org](mailto:Info@WashingtonWorkforce.org)

**Employment Services:**

[Bellevue College Career Connections](#): 425-564-2279

[Hopelink](#): 425-250-3001 or 425-333-4163

[Lake WA Tech Coll. Worker Retrain](#): 425-739-8131 or 425-739-8206

[WA State Employee Security Department](#)

[WA State Job Fair Opportunities](#)

[WA State Paid and Medical Leave](#): Email [PaidLeave@esd.WA.gov](mailto:PaidLeave@esd.WA.gov)

[WA State Service Corp](#)

[WA State Small Business Loan and Grants](#)

[WA State Unemployment Application](#): 800-318-6022

[WA State Unemployment Resources](#)

[WA State Workforce](#): Email [Info@WashingtonWorkforce.org](mailto:Info@WashingtonWorkforce.org)

[Women's Career Center at Bellevue College](#)

[WorkSourceWA](#): 206-205-3500

[YWCA Career Counseling Center](#): 425-270-6803

[YWCA Employment Opportunities](#): 206- 461-3859

**Financial Assistance - Rent/Mortgage/Electric:**

[Alliance of People w/Disabilities](#): 425-558-0993

[Hopelink Housing Assistance](#): 425-869-6000

[Hopelink Winter Energy Assistance Program](#): 425-869-6027



**Financial Assistance - Rent/Mortgage/Electric:**

[King County Eviction Prevention and Rental Assistance Program](#): 206-263-9105.

[Salvation Army Renton Office](#): 425-255-5969 – Electric: ext 13/Rent: ext 14

[St. Joseph's Catholic Church](#): 425-392-5516

**Food & Clothing:**

[Eastside Baby Corner](#): 425-865-0234

[Hopelink Food Programs](#): 425-869-600

[Issaquah Food & Clothing Bank](#): 425-392-4123

[Issaquah Senior Center](#): 425-392-2381

[King County Meals on Wheels](#): 206-448-5767

[King County Basic Food Program](#): 800-756-5437

[Little Free Pantry](#)

[Meal Program – Issaquah Community Hall](#): 425-679-0342

[Muslim Community Resource Center](#): **888-404-6272**

[Northwest Harvest](#): 800-722-6924

[Renewal Food Bank](#): 425-736-8132

[Salvation Army Food Bank](#): 425-255-5969

[The Shopper Next Door](#): (425) 522-2674

[St. Vincent de Paul](#): 425-392-5516

[WA State Department of Social and Health Services](#): 877-501-2233

**Human Services:**

COMMUNITY INFORMATION AND SERVICES LINE: DIAL 211

[American Indian Health Services](#)

[Angeline's Day Center for Homeless Mothers and Children](#): 206.436.8650

[Best Starts for Kids](#): 206-263-9105

[Eastside Cultural Navigator Program](#): 206-624-5633

[Eastside Friends of Seniors](#): 425-369-9120

[EBT and EFT Benefit Services](#): 877-501-2233

[El Centro de la Raza](#): 206-957-4634

[Friends of Youth Welfare Services](#): 425-392-6367

[Harborview Abuse and Trauma Center](#): 206-744-1600

[Homeless Childcare Resources](#): Call for services 206-329-5842

[Indian Association of Western Washington](#): 253-234-9989

[Issaquah Community Network](#): 425-391-0592

[Issaquah Food and Clothing Bank](#): 425-392-4123

[Issaquah Valley Senior Center](#): 425-392-2381

[Issaquah Community Hall Meals Program](#): 425-679-0342

[Jewish Family Services](#): 425-643-2221

[KIND Seattle International Legal Services](#)

[Korean Women's Association](#): 253.535.4202

[Life Wire Domestic Assault Center](#): 800-827-8840

[Muslim Community Resource Center](#): 888-404-6272

[National Runaway Safe Line](#): 1-800-RUNAWAY

[New Beginnings Ending Domestic Violence](#): Office 206-783-5220 /24-hour Helpline 206-522-9472

[Office of Refugee and Immigrant Assistance](#): 800-865-7801

[Refugee Women's Alliance](#): 206-721-0243

[Seattle Indian Health Board](#): 206-324-9360

[Seattle Polish Foundation](#)

[Safe Place](#): 1-800-422-TEEN (8336)

[Senior Services Volunteer Transport](#): 206-448-5740

[Sound Generations Senior Home Repairs](#): 206-448-5751

[Ukrainian Community Center Resources](#): 425-430-8229



**Human Services:**

[WA Coalition of Sexual Assault Programs](#): 360-754-7583

[WA State Migrant Education Program](#): 800-274-6084

**Issaquah School District:**

[Cultural Bridges](#): 425-391-8557

[Influence the Choice Drug Prevention Alliance](#)

[Issaquah PTSA Council](#)

[Issaquah School District Cultural and Family Partnership](#): 425-837-7141

[Issaquah School District Family Access](#): 425-837-7000

[Issaquah School District Free and Reduced Lunch Program](#): 425-837-5060

[Issaquah School District Special Services](#): 425-837-7085

[Issaquah School District Website](#): 425-837-7000

[Issaquah Schools Foundation](#): 425-391-8557

[King County Library System](#): 425.462.9600

[ParentWiser](#): Email [ParentWiser.org](mailto:ParentWiser.org)

[Special Education Law and Advocacy](#)

[WA State Education Ombuds](#): 1-866-297-2597

[WA State Superintendent and Public Instruction](#): 360-725-6000

**Legal Services:**

[Eastside Legal Assistance Program](#): 425-747-7274

[Columbia Legal Services](#): 800-542-0794

[King County Bar Association Pro-Bono Services](#): 206-267 7100

[King County Housing Justice Project](#): 206-267-7090

[King County Legal Referral Services](#): 206-267-7010

[Legal Action Center](#): 425-324-6890

[Tenant Law Center Services](#): 206-323 -6336

[WA Lawyer Referral Service](#): 206-267-7010

**Medical:** Emergency Services: Dial 911

[Bridge Medical Equipment](#): 425-885-1008

[CarePoint Fall City Medical Services](#): 425-478-6627

[Eating Disorders Support](#): 866-987-2000

[Evergreen Care Network](#): 800-676-6692

[Health Point Clinic Redmond](#) 425-883-1697

[Health Point Clinic COVID-19 Testing](#): 206-477-3977

[Health Point Obstetrics and Prenatal Care](#): 425- 277-1311

[Health Point Clinic Renton](#) 425-226-5536

[IHS Bellevue Medical Clinic](#): 425-373-3000

[King County Community Health Access Program](#): 800-756-5437

[Safe Place](#): Text "SAFE" and current location to 44357 for nearest Safe Place; Call: 1-800-422-TEEN (8336)

[Sea-Mar Bellevue Medical Clinic](#): 425-460-7140

[Sea-Mar Bellevue Full Medical Clinic and Spanish Services Website](#): 425-460-7140

[Sea-Mar Seattle Adolescent Medical Care](#): 206-658-2175

[Swedish Hospital Care Network](#): 425-313-4000

[King County Public Health Centers](#): 206-296-4600

[Virginia Mason Issaquah Health Care Medical Center](#): 425-557-8000

[WA State Apple Health Care Coverage](#): 800-562-3022

[WA State Low Income Health Plan Finder](#): 877-501-2233

**Senior Services:**

[African American Elders Program](#): 206-328-5639

[Bridge Guardian Services](#): (425) 885-1006 ext. 122

[City of Issaquah Utilities Discounted Services](#): 425-557-8000





#### **Senior Services:**

[Community Living Seniors Connections](#): 844-348-5464  
[Elder Volunteer Services of King County](#):  
[Friends of Eastside Seniors](#): 425-369-9120  
[Issaquah Senior Center](#): 425-392-2381  
[Kinship for Seniors with Disabilities](#): 206-328-6858  
[Sea-Mar Seattle Long-term Affordable Housing](#): 206.788.3293  
[Seniors Meal Programs and Services Listing](#)  
[Seniors Nutrition Program](#): 253-474-1200  
[Senior Services Volunteer Transport](#): 206-448-5740  
[Sound Generations Home Repairs](#): 206-448-5751  
[Sound Generations Senior Legal Services](#): 206-448-5751  
[WA State Alzheimers Association](#): 800-272-3900  
[WA State Long Term Care Facilities](#): 360-725-2300

#### **Shelters / Housing:**

[ARCH Housing](#): 425-861-3676  
[Compassion House for Homeless Mothers and Children](#): 425-788-9999  
[Congregations Men's Homeless Shelter](#): 425-614-6506  
[Coordinated Community Services Housing](#): 425-643-1937  
[Downtown Emergency and Homeless Shelter](#): 206-464-1570  
[Hopelink Housing Services](#): 425-869-6000  
[Homeless Youth and Teen Services](#): 206-694-4509  
[Imagine Affordable Housing Services](#): 425-576-5190  
[Renton Housing Authority](#): 425-226-1850  
[Safe Place](#): Text "SAFE" and current location to 44357 for nearest Safe Place site; Call: 1-800-422-TEEN (8336)  
[Sea-Mar Seattle Long-term Affordable Housing](#): 206.788.3293  
[The Landing Young Adult Shelter](#): 425-449-3868  
[Safe Place](#): 1-800-422-TEEN (8336)  
[The Sophia Way Women's Shelter](#): 425.242.1273  
[WA State Homeless Child Care Resources](#): 877-543-0059  
[WA State Long Term Care Facilities](#): 360-725-2300  
[Youth and Teens Emergency Shelter Service](#): 206-236-5437  
[YWCA Central Emergency Housing](#): 206-819-9988  
[YWCA Issaquah Family Village](#): 425-270-6825 or 206-490-4397

#### **Transportation:**

[Access Transportation Metro](#): 206-205-5000  
[Dial-A-Ride Transit Program](#): 866-261-DART  
[Findaride.org](#): 800-201-4900  
[Hopelink Medicaid Transport](#): 800-923-7433  
[Senior Services Volunteer Transport](#): 206-448-5740

#### **Quick References:**

[Finding Services & Ways to Help](#), [Pet Needs](#), [School Support](#), [Medical/Dental](#), [Clothing](#), [Rent & Utilities](#), [Legal Services](#), [Social Justice](#), [Equity & Inclusion](#), [Employment / Unemployment](#), [Transportation](#), [Seniors](#), [COVID Government Updates & Resources](#), [Fundraising and Outreach Events](#), [Surveys](#), [Nonprofits Resources and Organizations](#), [Funding Opportunities](#), [Veterans](#), [Shelter](#), [Mental Health & Counseling](#).

Contact [Issaquah Council PTSA Outreach](#)

Issaquah Council PTSA is a 501(c)(3) organization; Donations are tax-deductible.